

Adolescent Substance Use in Texas

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In the spring of 2008, the Texas Department of State Health Services, in conjunction with the Public Policy Research Institute at Texas A&M University, conducted the eleventh statewide Texas School Survey of Substance Use among secondary school students. Some 98,898 students in grades 7-12 from 62 school districts were asked to report on their use of alcohol, tobacco, inhalants, illicit drugs, and over-the-counter and prescription-type drugs, as well as student attitudes, extracurricular involvement, and other related behaviors. Students were randomly selected from school districts throughout the state using a multi-stage probability design. Weights were calculated to adjust the sample to reflect more accurately the actual demographic composition of the Texas secondary school population.

Prevalence Use:

Licit Drugs:

- **Alcohol** continues to be the most widely used substance among secondary school students with 63 percent in 2008 reporting they had used alcohol at some point in their lives, down from 66 percent in 2006 and 81 percent in 1990. Past-month alcohol use also decreased from 31.5 percent in 2006 to 30.4 percent in 2008. Beer was the most popular alcoholic beverage among past-month drinkers, followed by liquor.
- Past-month use of **tobacco** fell again, from 15.2 percent in 2006 to 12.9 percent in 2008. Lifetime tobacco use fell 10 percent between 2006 and 2008 to 31.7 percent. Lifetime use of cigarettes and smokeless tobacco was 30.1 percent and 9.6 percent, respectively.
- Lifetime **inhalant** use in 2008 was 9.3 percent and the past month use was 2.7 percent. Unlike other substances, younger students reported higher use of inhalants than older students. It is noted that due to wording change of inhalant questions in the 2008 survey, the 2008 inhalant use cannot be compared to those in previous surveys.

Illicit Drugs:

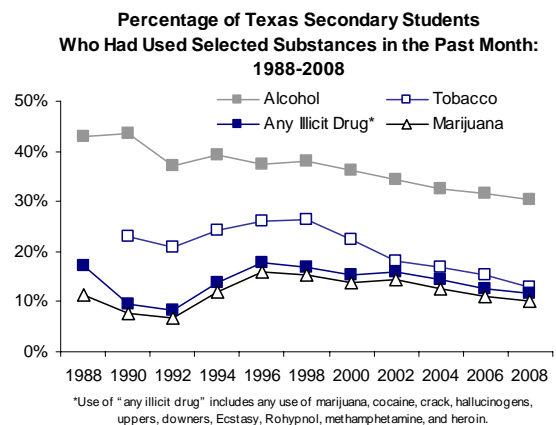
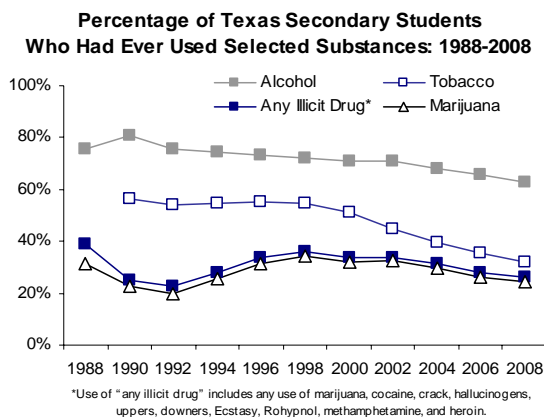
- **Marijuana** remained the most commonly used illegal drug among 7-12 graders. About 25 percent in 2008 reported having smoked marijuana in their lives, down from 26 percent in 2006. Past-month use of marijuana was 10 percent in 2008, compared to 11 percent in 2006. The 2008 prevalence rates were still higher than the lowest rates in 1992.
- About 6.8 percent of Texas teens reported lifetime use of **cocaine/crack**, and 2.2 percent reported past-month use. Both rates were down from 2006, with older students reporting larger decreases in past-month use.
- While lifetime use of **hallucinogens** decreased from 4.7 percent in 2006 to 4.4 percent in 2008, secondary students reported a slight increase in past-month use of that drug (from 1.4 percent in 2006 to 1.5 percent in 2008).
- Use of **methamphetamine** (speed, crystal meth, ice, or crank) was first reported in the 2008 secondary school survey. About 3.5 percent reported lifetime use of methamphetamine and 0.8 percent reported past-month use.
- Lifetime use of **steroids** remained stable at 1.5 percent in 2008 as in 2006. Only 0.5 percent reported past-month use of steroids.
- Use of **Ecstasy** also remained stable between 2006 and 2008, with lifetime use at 5.1 percent and past-month use at 1.8 percent.

Over-the-Counter or Prescription-Type Drugs:

- About 6.8 percent of secondary students in 2008 said they had ever taken **DXM** (dextromethorphan), **Triple C's**, **Skittles**, or **Coricidin** nonmedically in their lifetime, a 35 percent increase from 2006 (5.0 percent). Past-month use also showed a 34 percent increase during the past two years.
- In the 2008 survey, 5.2 percent of Texas teens reported using **codeine cough syrup** nonmedically in their lifetime, and 1.8 percent did so in the past month. Both prevalence rates showed a decrease between 2006 and 2008.
- Two commonly abused narcotic prescription drugs, **oxycodone** (OxyContin, Percodan, or Percocet) and **hydrocodone** (Vicodin, Lortab, or Lorcet), were first measured in the 2008 secondary school survey. About 3.0 percent reported using oxycodone products nonmedically in their lifetime, and 6.3 percent reported using hydrocodone products nonmedically in their lifetime.
- Also two popularly prescribed anti-anxiety drugs, **Valium** and **Xanax**, were first queried in the 2008 secondary school survey. About 3.5 percent of secondary students in Texas reported using Valium nonmedically in their lifetime, and 12.7 percent reported using Xanax nonmedically in their lifetime.

Students in Grades 7-12	Lifetime Use	Past-Month Use
Alcohol	62.9%	30.4%
Tobacco	31.7%	12.9%
Inhalants	9.3%	2.7%
Marijuana	24.6%	10.0%
Cocaine/Crack	6.8%	2.2%
Hallucinogens	4.4%	1.5%
Uppers	5.3%	2.1%
Downers	5.5%	2.2%
Rohypnol	2.4%	0.9%
Steroids	1.5%	0.5%
Ecstasy	5.1%	1.8%
Heroin	1.4%	0.5%
Methamphetamine	3.5%	0.8%
DXM or Triple C's	6.8%	2.3%
Codeine Cough Syrup	5.2%	1.8%
Oxycontin, Percodan, or Percocet	3.0%	0.9%
Vicodin, Lortab, or Lorcet	6.3%	2.2%
Valium or Diazepam	3.5%	0.9%
Xanax or Alprazolam	12.7%	4.8%

Trends in Use:



Heavy Use:

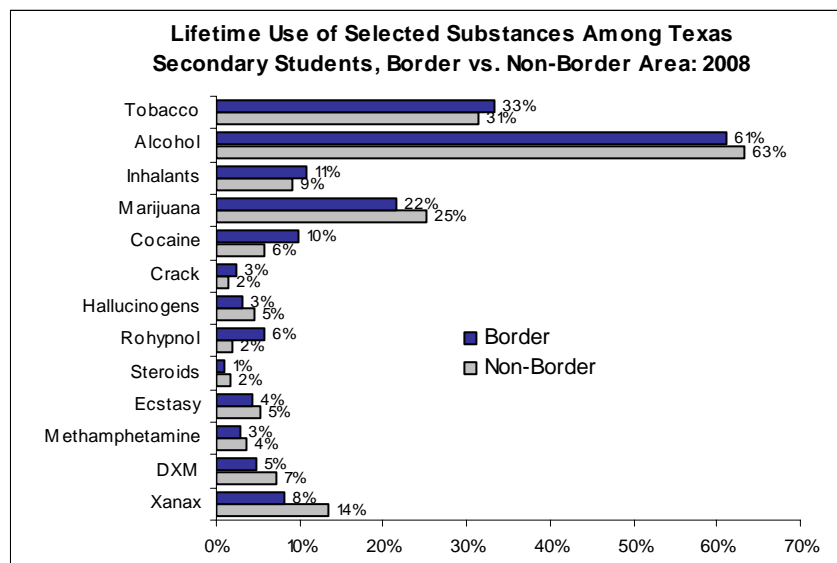
- **Binge drinking**, defined as having five or more drinks at one time in the past month, was reported by 20.6 percent of students in grades 7-12, down from 21.9 percent two years ago.
- Over one-fifth of the binge drinkers, almost one in twenty secondary students, were **frequent binge drinkers**; that is, they binged six or more days in the past month.
- 5.2 percent of secondary students in 2008 were considered **heavy drug users**, those who used illicit drugs on a daily or weekly basis. The rate was slightly down from 5.6 percent in 2006.

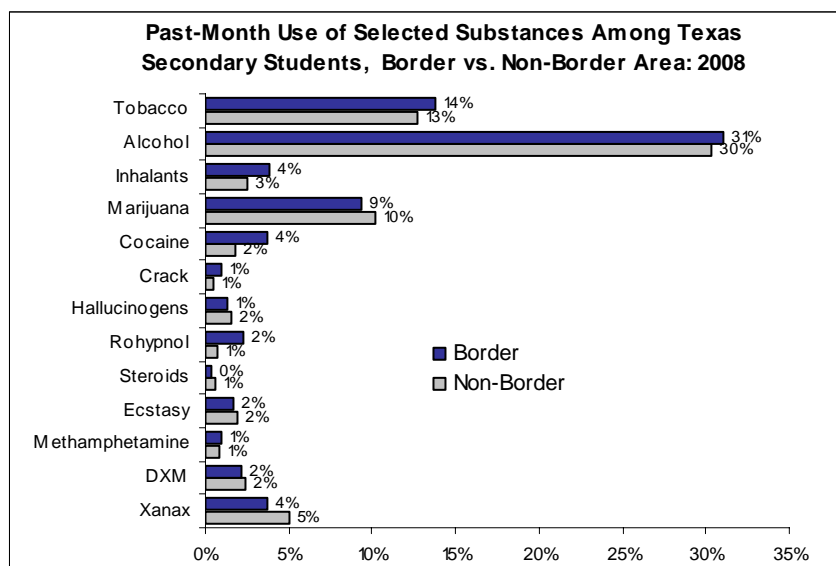
Age of First Use:

- 42.1 percent of students in grades 7-12 reported initiating tobacco use before age 13.
- 50.5 percent of students in grades 7-12 reported first using alcohol before age 13.
- 27.5 percent of students in grades 7-12 reported first use of marijuana before age 13.

Demographic Correlates of Use:

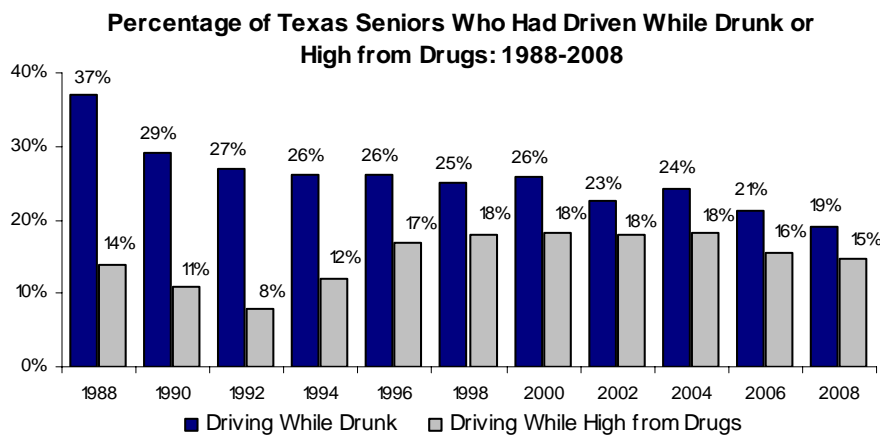
- Prevalence use increased linearly by grade for most substances except for inhalants, where students in grades 7-8 reported higher use of inhalants than did students in the upper grades.
- Girls (64 percent) in 2008 reported a higher rate of lifetime alcohol use than boys (62 percent), although both girls and boys reported similar rates in past-month drinking at 30 percent.
- Boys were more likely to have a higher prevalence use of tobacco and most illicit drugs, except for lifetime use in uppers and Ecstasy.
- Hispanic youths in 2008 reported higher rates of lifetime and past-month use of alcohol, inhalants, marijuana, cocaine/crack, Rohypnol, and heroin, and higher lifetime rate of tobacco use than Anglos and African Americans.
- Anglo students, on the other hand, were more likely than Hispanics and African Americans to report using prescription drugs (except for Xanax) nonmedically.
- In terms of regional differences, students from the border schools reported higher lifetime and past-month use of tobacco, inhalants, cocaine, crack, and Rohypnol, and higher current use of alcohol than students living elsewhere in the state.
- The difference in powder cocaine use between border and non-border students was more pronounced in the upper grades. And, border students were three times more likely to report Rohypnol use than non-border students.





Driving While Drunk or High from Drugs:

- About 11 percent of students in grades 9 through 12 admitted they had driven a car after having had ‘a good bit to drink’ at least once in the past year, and 19 percent of seniors said so.
- Some 9 percent of students in grades 9 through 12 reported having driven when they were high from drugs, and 15 percent of seniors said so.
- The percentage of all seniors who reported driving after having a good bit to drink has continuously decreased since 1988. In contrast, the percentage of seniors who reported driving while high from drugs was at its lowest level at 8 percent in 1992 and increased to the peak level of 18 percent during 1998-2004, then decreased again in the past two years.



Sources of Obtaining Alcoholic Beverages:

- The survey asked students how often they got alcoholic beverages from various sources. Parties were still the major source of alcoholic beverages for youth, with friends as the second most common source. Fewer minors got alcohol directly from stores.
- In 2008, about 63 percent of grade 7-12 past-month drinkers said they always/most of the time obtained alcohol at parties, compared to 54 percent said so from friends and 18 percent said so from stores.

Perceived Danger of Substance Use

- Alcohol and tobacco were thought to be the least threatening substances to use. Only 44 to 50 percent of all secondary students in 2008 thought that alcohol or tobacco was very dangerous to use, and 60 percent thought marijuana was very dangerous to use. Some 82 to 87 percent believed that cocaine, crack, heroin, and methamphetamine were very dangerous to use.
- The perceived danger of substance use varies among grade levels, which reflects the expanding variety of drugs to which older students have been exposed.
- Youths who believed that substances were dangerous to use were less likely to actually use them. Only 2 percent of secondary students who thought marijuana was very dangerous to use had actually used it in the past month; whereas, 48 percent of those who believed marijuana was not dangerous at all had used it.

Perceived Parental Attitudes

- Youths who said that their parents disapproved of teens their age using substances were less likely to use these substances.
- Only 25 percent of all secondary students whose parents strongly or mildly disapproved of their drinking alcohol actually drank in the past month before the 2008 survey, compared to 63 percent of those whose parents strongly or mildly approved.
- As students get older, their parents are less likely to disapprove of the students' drinking alcohol or using tobacco, although parental attitudes toward marijuana use do not change much as the students age.

Sources of Information and Assistance for Problems

- The percentage of secondary school students who reported receiving substance abuse information from any school source has continued to drop since 1990.
- Fifty-two percent of secondary students also reported receiving information on drugs or alcohol from TV, radio, or other audio/video, 49 percent said they got the information from their parents, and 46 percent got the information from books, magazines, or posters.
- The most often-reported sources of help-seeking intentions were friends for all grades, except the seventh graders who said they would most likely to go to their parents for help with a substance problem.
- About 8 percent of all secondary students (11 percent of border students and 7 percent of non-border students) in 2008 said they had sought help, other than from family or friends, since school began for problems related to their substance use.

Comparisons to the National Survey

- Texas eighth, tenth, and twelfth graders in 2008 were more likely to report lifetime use of cigarettes, alcohol, cocaine, Ecstasy, and methamphetamine than their peers nationally (2008 Monitoring the Future study¹). These patterns held for past-month use between the national and state surveys, except for the use of cigarettes and methamphetamine among eighth graders.
- Texas students were less likely to report marijuana use than their counterparts nationally, except for the lifetime prevalence rates among eighth and tenth graders.
- National prevalence levels were higher for smokeless tobacco among eighth and tenth graders, and for steroids among seniors.

¹ Johnston, L. D., O'Malley, P. M., Bachman, J. G., & Schulenberg, J. E. (December 11, 2008). "Various stimulant drugs show continuing gradual declines among teens in 2008, most illicit drugs hold steady." University of Michigan News Service: Ann Arbor, MI. Retrieved 01/15/2009 from <http://www.monitoringthefuture.org>

**Appendix Table 1: Prevalence and Recency of Substance Use, by Grade:
All Texas Secondary Students, 1988-2008**

	Ever Used 1988	Ever Used 1990	Ever Used 1992	Ever Used 1994	Ever Used 1996	Ever Used 1998	Ever Used 2000	Ever Used 2002	Ever Used 2004	Ever Used 2006	Ever Used 2008	Past Month 1988	Past Month 1990	Past Month 1992	Past Month 1994	Past Month 1996	Past Month 1998	Past Month 2000	Past Month 2002	Past Month 2004	Past Month 2006	Past Month 2008
Tobacco ¹	-	56.2%	54.3%	54.5%	55.2%	54.7%	51.1%	44.9%	39.4%	35.4%	31.7%	-	22.9%	20.9%	24.2%	26.2%	26.3%	22.4%	18.2%	17.0%	15.2%	12.9%
Grade 7	-	42.4%	42.8%	40.1%	41.3%	40.2%	33.0%	28.2%	23.0%	18.7%	16.6%	-	15.9%	14.8%	15.8%	17.0%	15.6%	10.9%	8.7%	6.9%	6.1%	4.8%
Grade 8	-	52.7%	50.0%	51.9%	51.9%	50.2%	45.0%	36.0%	30.6%	27.4%	22.7%	-	20.9%	17.1%	23.3%	22.6%	21.2%	17.2%	11.7%	10.5%	9.1%	6.4%
Grade 9	-	59.4%	57.5%	57.2%	57.7%	57.0%	51.8%	48.2%	38.5%	36.1%	30.0%	-	23.1%	23.1%	25.6%	27.5%	27.2%	22.6%	19.2%	15.7%	14.5%	10.7%
Grade 10	-	58.0%	58.3%	59.6%	60.1%	59.9%	57.5%	49.5%	45.2%	40.4%	36.2%	-	23.1%	21.9%	26.9%	29.6%	29.8%	25.2%	20.5%	21.2%	17.7%	15.6%
Grade 11	-	61.5%	58.6%	60.7%	61.4%	61.7%	62.4%	53.3%	50.9%	44.8%	41.3%	-	27.0%	24.1%	26.5%	30.8%	32.4%	30.5%	23.5%	24.1%	21.8%	19.0%
Grade 12	-	66.5%	62.3%	62.7%	63.3%	63.5%	62.4%	58.7%	53.6%	49.9%	47.8%	-	29.7%	26.9%	30.5%	33.6%	36.0%	32.7%	29.8%	27.9%	26.2%	24.0%
Alcohol	75.5%	81.0%	75.6%	74.1%	73.3%	72.1%	70.7%	71.0%	67.9%	65.9%	62.9%	42.8%	43.6%	37.0%	39.4%	37.3%	38.0%	36.1%	34.5%	32.6%	31.5%	30.4%
Grade 7	58.5%	68.7%	58.2%	57.6%	56.4%	54.7%	51.0%	52.8%	50.7%	47.0%	44.9%	28.0%	29.2%	23.5%	24.0%	23.1%	22.5%	19.4%	17.8%	16.8%	16.2%	16.9%
Grade 8	68.7%	76.7%	70.9%	69.3%	68.0%	66.8%	64.7%	64.0%	61.1%	59.7%	55.9%	31.6%	36.6%	30.4%	34.3%	31.6%	30.6%	29.7%	26.0%	23.6%	22.9%	22.4%
Grade 9	75.9%	81.3%	78.0%	76.2%	76.1%	74.3%	72.0%	73.7%	67.9%	67.8%	63.5%	41.0%	41.9%	38.5%	41.0%	38.2%	38.9%	36.2%	36.4%	32.5%	31.7%	29.4%
Grade 10	83.0%	85.1%	82.4%	81.1%	79.0%	78.5%	77.7%	77.3%	74.5%	72.7%	68.8%	49.2%	48.0%	41.5%	44.5%	42.1%	44.0%	41.1%	39.9%	38.8%	36.8%	34.2%
Grade 11	84.5%	87.9%	83.9%	82.8%	82.2%	81.0%	81.2%	79.2%	77.2%	75.1%	72.1%	55.1%	51.6%	44.4%	48.3%	45.7%	46.6%	46.0%	41.8%	42.0%	40.3%	38.0%
Grade 12	86.4%	90.4%	86.1%	85.5%	84.6%	82.8%	83.2%	83.4%	80.7%	77.9%	76.0%	57.5%	60.3%	49.9%	52.0%	50.8%	51.8%	50.6%	51.0%	47.4%	46.3%	45.2%
Inhalants ²	-	-	-	-	-	-	-	-	-	-	9.3%	-	-	-	-	-	-	-	-	-	-	2.7%
Grade 7	-	-	-	-	-	-	-	-	-	-	10.7%	-	-	-	-	-	-	-	-	-	-	3.9%
Grade 8	-	-	-	-	-	-	-	-	-	-	10.6%	-	-	-	-	-	-	-	-	-	-	3.5%
Grade 9	-	-	-	-	-	-	-	-	-	-	9.4%	-	-	-	-	-	-	-	-	-	-	2.5%
Grade 10	-	-	-	-	-	-	-	-	-	-	9.6%	-	-	-	-	-	-	-	-	-	-	2.3%
Grade 11	-	-	-	-	-	-	-	-	-	-	7.7%	-	-	-	-	-	-	-	-	-	-	1.6%
Grade 12	-	-	-	-	-	-	-	-	-	-	7.1%	-	-	-	-	-	-	-	-	-	-	2.1%
Any Illicit Drug	39.1%	25.1%	22.4%	27.8%	33.7%	36.1%	33.7%	33.6%	31.5%	28.0%	26.4%	17.1%	9.5%	8.4%	13.7%	17.7%	17.0%	15.4%	16.0%	14.4%	12.6%	11.7%
Grade 7	25.0%	11.1%	11.4%	14.6%	19.0%	18.4%	14.5%	14.9%	13.2%	10.9%	11.6%	12.8%	5.6%	5.0%	7.4%	10.2%	8.5%	6.6%	6.8%	5.4%	4.8%	5.2%
Grade 8	33.0%	17.6%	15.0%	23.5%	28.4%	29.1%	24.7%	25.0%	21.3%	18.5%	16.8%	16.6%	7.7%	5.1%	12.4%	15.6%	14.2%	11.9%	10.6%	9.4%	7.8%	6.9%
Grade 9	36.0%	25.6%	23.9%	30.2%	37.3%	38.3%	33.5%	35.9%	30.6%	28.1%	25.2%	15.4%	10.3%	9.9%	15.9%	20.7%	18.7%	16.0%	18.0%	14.3%	12.7%	11.6%
Grade 10	42.9%	27.8%	28.1%	32.7%	39.0%	44.3%	40.7%	40.3%	40.0%	34.0%	32.0%	18.4%	10.0%	10.3%	16.4%	20.4%	20.9%	18.1%	20.2%	18.8%	15.7%	14.8%
Grade 11	49.1%	33.7%	29.2%	35.0%	41.5%	45.1%	48.1%	45.3%	44.1%	39.8%	37.2%	20.6%	11.2%	11.2%	15.5%	20.5%	20.7%	21.1%	21.4%	20.6%	18.3%	16.1%
Grade 12	54.3%	39.9%	31.8%	36.3%	42.5%	47.2%	48.4%	45.7%	45.5%	42.8%	39.7%	20.2%	13.5%	10.3%	16.0%	20.5%	20.8%	21.6%	21.2%	20.4%	19.2%	17.4%
Marijuana	31.5%	22.6%	19.7%	25.3%	31.2%	34.5%	32.2%	32.3%	29.8%	26.4%	24.6%	11.5%	7.8%	6.8%	12.0%	15.9%	15.2%	13.7%	14.4%	12.6%	11.0%	10.0%
Grade 7	18.8%	9.4%	9.9%	12.7%	16.6%	16.7%	13.2%	13.4%	11.7%	9.4%	9.5%	7.6%	4.6%	3.9%	6.3%	8.7%	7.1%	5.6%	5.7%	4.4%	3.9%	4.0%
Grade 8	26.6%	15.1%	11.9%	21.1%	25.5%	27.1%	23.2%	23.3%	19.3%	17.0%	14.9%	11.7%	5.9%	4.0%	10.6%	13.7%	12.4%	10.4%	9.4%	7.8%	6.9%	5.7%
Grade 9	28.1%	23.1%	21.2%	27.8%	34.9%	36.6%	31.8%	34.4%	28.9%	26.1%	23.1%	10.5%	8.2%	8.3%	14.3%	18.8%	16.9%	14.2%	15.8%	12.5%	11.0%	9.8%
Grade 10	34.4%	24.2%	24.5%	29.9%	36.1%	42.6%	39.1%	38.9%	38.3%	32.3%	30.1%	12.4%	8.1%	8.3%	14.2%	18.4%	19.0%	16.1%	18.5%	17.0%	13.4%	12.7%
Grade 11	40.7%	31.2%	26.0%	32.0%	39.1%	43.8%	46.5%	44.0%	42.3%	38.2%	35.4%	14.3%	9.7%	8.7%	13.9%	18.8%	18.8%	18.9%	19.6%	18.0%	16.2%	14.2%
Grade 12	45.7%	37.5%	29.3%	34.0%	40.5%	46.0%	47.0%	44.8%	44.4%	41.6%	38.6%	13.9%	11.5%	8.4%	14.3%	18.5%	19.0%	19.6%	19.5%	18.4%	17.3%	15.3%
Marijuana Only ³	15.2%	12.7%	10.8%	14.8%	14.4%	18.3%	17.5%	16.5%	16.3%	13.8%	12.9%	4.2%	2.8%	2.6%	5.8%	5.5%	6.0%	5.5%	5.4%	5.2%	4.3%	3.9%
Grade 7	8.9%	5.9%	6.1%	8.4%	8.0%	9.3%	7.6%	7.1%	7.2%	5.5%	5.3%	3.6%	2.2%	1.9%	3.8%	3.5%	3.2%	2.6%	2.5%	2.2%	1.9%	1.8%
Grade 8	14.0%	8.9%	6.7%	12.7%	11.5%	14.7%	12.8%	13.1%	10.6%	9.6%	8.7%	4.9%	2.4%	1.4%	5.5%	4.8%	5.2%	4.4%	4.1%	3.4%	3.1%	2.6%
Grade 9	14.3%	12.9%	11.1%	16.9%	16.0%	19.4%	16.3%	16.7%	15.9%	14.0%	12.3%	3.9%	3.1%	3.0%	7.7%	6.5%	6.7%	5.3%	5.8%	5.5%	4.6%	4.1%
Grade 10	16.0%	13.4%	13.7%	17.0%	16.6%	22.3%	22.1%	20.1%	21.1%	16.5%	15.6%	4.4%	2.5%	3.4%	6.1%	6.4%	7.4%	6.4%	7.2%	7.2%	4.9%	4.8%
Grade 11	19.9%	17.9%	14.0%	18.1%	18.9%	23.5%	24.9%	22.3%	22.1%	19.5%	18.1%	4.8%	3.6%	3.2%	6.2%	6.8%	7.1%	7.2%	6.7%	6.7%	5.9%	5.2%
Grade 12	20.1%	19.8%	15.8%	18.3%	18.0%	23.4%	26.0%	22.7%	23.8%	20.9%	19.5%	3.5%	2.9%	2.6%	5.7%	5.5%	6.7%	7.8%	6.5%	6.9%	6.2%	5.4%
Cocaine/Crack	6.7%	5.8%	5.0%	5.6%	7.1%	9.3%	9.0%	8.7%	7.9%	7.9%	6.8%	2.3%	1.6%	1.5%	1.7%	2.4%	3.5%	3.1%	3.2%	3.2%	2.9%	2.2%
Grade 7	4.0%	1.8%	2.3%	2.8%	3.6%	4.4%	3.9%	3.8%	3.2%	3.1%	2.9%	1.1%	0.8%	1.0%	1.0%	1.2%	1.7%	1.4%	1.7%	1.3%	1.0%	1.0%
Grade 8	5.2%	3.9%	3.4%	4.7%	5.6%	7.3%	6.7%	5.6%	4.8%	4.9%	4.1%	2.7%	1.5%	0.8%	1.4%	2.0%	2.9%	2.5%	2.0%	2.0%	1.7%	1.4%
Grade 9	5.0%	6.2%	6.1%	5.9%	8.0%	9.8%	8.5%	9.6%	7.1%	7.5%	6.1%	1.5%	1.5%	2.0%	2.0%	2.9%	3.8%	2.9%	3.5%	3.0%	2.9%	2.3%
Grade 10	7.0%	6.1%	6.1%	6.5%	8.1%	11.4%	10.0%	10.2%	10.0%	9.4%	8.1%	2.2%	1.4%	1.7%	2.0%	2.7%	4.2%	3.7%	4.3%	3.9%	3.4%	2.5%
Grade 11	8.8%	7.8%	5.6%	6.9%	8.5%	11.8%	14.2%	11.8%	12.0%	11.6%	9.8%	2.9%	1.6%	1.6%	2.0%	2.7%	4.5%	4.8%	4.4%	5.0%	4.3%	2.9%
Grade 12	11.6%	10.2%	7.5%	8.3%	10.6%	13.2%	13.4%	12.7%	11.9%	12.9%	11.3%	4.2%	2.9%	1.8%	2.4%	3.6%	4.6%	4.0%	3.7%	4.5%	4.5%	3.3%

1. Due to differences in methodology, 1988 figures can not be compared in this category.

2. Since 2008, the question of specific-inhalant types has been deleted and only generic-inhalant question has been surveyed in the secondary school survey. The 2008 figures can not be compared properly to the previous figures.

3. Use of "marijuana only" indicates using no other illicit drug besides marijuana.

Appendix Table 1: Prevalence and Recency of Use: 1988-2008 (cont.)

	Ever Used 1988	Ever Used 1990	Ever Used 1992	Ever Used 1994	Ever Used 1996	Ever Used 1998	Ever Used 2000	Ever Used 2002	Ever Used 2004	Ever Used 2006	Ever Used 2008	Past Month 1988	Past Month 1990	Past Month 1992	Past Month 1994	Past Month 1996	Past Month 1998	Past Month 2000	Past Month 2002	Past Month 2004	Past Month 2006	Past Month 2008
Hallucinogens⁴	6.6%	4.6%	4.9%	5.9%	7.4%	7.3%	5.4%	4.5%	4.8%	4.7%	4.4%	2.4%	1.6%	1.5%	1.9%	2.4%	2.5%	1.8%	1.2%	1.6%	1.4%	1.5%
Grade 7	3.4%	1.3%	1.7%	2.3%	2.4%	2.5%	1.5%	1.1%	1.2%	1.2%	1.2%	1.2%	0.8%	0.7%	0.7%	0.9%	1.0%	0.3%	0.3%	0.5%	0.5%	0.5%
Grade 8	4.2%	2.9%	2.2%	4.3%	4.7%	4.2%	2.5%	2.0%	2.7%	2.4%	2.1%	1.6%	1.2%	0.7%	1.4%	1.6%	1.6%	0.9%	0.7%	0.8%	0.7%	0.8%
Grade 9	5.7%	4.6%	6.0%	5.7%	8.0%	7.4%	5.4%	4.5%	4.3%	4.3%	3.8%	2.0%	1.7%	1.6%	1.9%	3.1%	2.9%	1.8%	1.4%	1.4%	1.4%	1.3%
Grade 10	6.7%	5.3%	6.0%	7.8%	9.5%	9.1%	6.4%	5.2%	6.3%	6.5%	6.0%	2.2%	2.1%	2.0%	2.7%	3.0%	3.3%	2.5%	1.5%	2.2%	2.0%	2.2%
Grade 11	9.3%	6.2%	6.9%	8.0%	10.3%	10.5%	9.2%	7.5%	7.6%	7.1%	6.5%	3.6%	1.7%	2.2%	2.6%	2.7%	3.5%	2.9%	2.4%	2.2%	2.0%	2.0%
Grade 12	11.7%	8.8%	8.2%	9.8%	12.5%	12.3%	9.5%	7.8%	8.2%	8.4%	7.7%	4.2%	2.5%	2.0%	2.6%	3.5%	3.4%	2.9%	1.3%	2.4%	2.4%	2.6%
Uppers	17.1%	7.2%	6.5%	7.0%	7.9%	8.2%	6.7%	7.3%	6.0%	5.7%	5.3%	5.8%	2.1%	1.8%	2.3%	2.6%	3.1%	2.7%	3.3%	2.5%	2.3%	2.1%
Grade 7	10.5%	3.0%	2.2%	2.5%	2.8%	3.0%	1.7%	1.7%	1.2%	0.9%	1.4%	4.5%	1.4%	1.1%	1.1%	1.1%	1.3%	0.6%	0.6%	0.4%	0.5%	0.7%
Grade 8	12.3%	5.2%	5.0%	5.5%	5.4%	5.6%	3.6%	3.2%	2.7%	2.5%	2.2%	5.4%	2.2%	1.6%	2.3%	2.1%	2.2%	1.6%	1.3%	1.0%	0.9%	0.8%
Grade 9	14.5%	7.8%	6.5%	7.6%	8.3%	8.7%	7.2%	8.3%	5.0%	5.0%	4.4%	4.9%	2.7%	1.9%	2.6%	3.0%	3.5%	3.2%	4.0%	2.2%	1.9%	1.8%
Grade 10	20.3%	8.6%	8.0%	9.2%	10.7%	10.8%	8.7%	8.5%	7.9%	7.6%	6.9%	7.0%	2.1%	2.1%	3.0%	3.3%	4.2%	3.4%	4.4%	3.2%	3.4%	2.9%
Grade 11	22.9%	8.9%	9.4%	9.6%	10.7%	10.8%	10.8%	12.8%	10.6%	9.8%	8.4%	6.8%	1.7%	2.4%	2.3%	3.0%	4.1%	4.4%	5.7%	4.5%	4.1%	3.1%
Grade 12	25.0%	11.1%	9.6%	9.9%	12.1%	12.0%	9.5%	11.3%	10.7%	10.2%	9.9%	6.8%	2.3%	2.3%	2.6%	3.4%	3.8%	3.4%	4.3%	4.2%	3.9%	3.5%
Downers	13.3%	4.4%	4.5%	4.5%	5.6%	6.6%	5.8%	7.1%	5.9%	5.9%	5.5%	3.9%	1.2%	1.2%	1.4%	1.8%	2.6%	2.6%	3.4%	2.6%	2.5%	2.2%
Grade 7	11.5%	2.2%	2.3%	2.1%	2.1%	2.5%	1.5%	1.4%	0.9%	0.9%	1.5%	4.0%	1.0%	1.0%	0.7%	0.9%	1.0%	0.6%	0.6%	0.4%	0.4%	0.6%
Grade 8	12.1%	3.8%	4.0%	4.0%	3.9%	4.3%	2.9%	3.0%	2.5%	2.3%	1.9%	5.5%	1.7%	1.1%	1.5%	1.6%	1.7%	1.2%	1.3%	0.9%	0.9%	0.8%
Grade 9	11.8%	4.8%	4.0%	5.0%	6.3%	7.1%	6.6%	7.8%	5.2%	5.2%	4.5%	3.8%	1.4%	0.9%	1.8%	2.1%	2.9%	3.5%	3.7%	2.2%	2.1%	1.9%
Grade 10	14.3%	4.9%	5.9%	5.6%	7.3%	8.8%	7.4%	8.6%	7.7%	8.0%	7.4%	3.9%	1.0%	1.5%	1.7%	2.2%	3.4%	3.1%	4.9%	3.4%	3.8%	2.9%
Grade 11	15.4%	5.1%	6.1%	5.4%	7.2%	8.9%	9.9%	12.2%	10.5%	10.4%	8.7%	3.2%	0.8%	1.9%	1.2%	2.0%	3.4%	3.9%	5.6%	4.7%	4.4%	3.5%
Grade 12	15.3%	6.5%	5.5%	6.0%	8.5%	9.4%	8.0%	11.4%	10.8%	10.9%	10.8%	2.7%	1.3%	1.0%	1.7%	2.6%	3.2%	3.5%	4.8%	4.7%	4.3%	4.0%
Rohypnol	NA	NA	NA	NA	NA	6.7%	4.5%	4.9%	3.5%	2.6%	2.4%	NA	NA	NA	NA	NA	2.6%	1.7%	1.8%	1.3%	1.0%	0.9%
Grade 7	NA	NA	NA	NA	NA	4.1%	2.4%	2.7%	1.7%	1.2%	1.4%	NA	NA	NA	NA	NA	1.9%	1.1%	1.1%	0.6%	0.5%	0.5%
Grade 8	NA	NA	NA	NA	NA	6.0%	4.3%	4.6%	3.4%	2.3%	1.8%	NA	NA	NA	NA	NA	2.7%	1.9%	1.9%	1.3%	0.8%	0.8%
Grade 9	NA	NA	NA	NA	NA	7.3%	4.9%	6.5%	4.0%	3.0%	2.8%	NA	NA	NA	NA	NA	3.2%	2.0%	2.7%	1.5%	1.2%	1.2%
Grade 10	NA	NA	NA	NA	NA	7.9%	5.0%	5.2%	4.2%	3.4%	3.4%	NA	NA	NA	NA	NA	2.9%	1.8%	2.0%	1.7%	1.2%	1.3%
Grade 11	NA	NA	NA	NA	NA	7.4%	5.8%	4.8%	4.0%	3.0%	2.6%	NA	NA	NA	NA	NA	2.3%	1.8%	1.3%	1.6%	1.1%	0.8%
Grade 12	NA	NA	NA	NA	NA	7.7%	4.8%	5.2%	3.5%	2.9%	2.6%	NA	NA	NA	NA	NA	2.4%	1.3%	1.3%	1.1%	0.9%	1.0%
Steroids	NA	1.7%	1.7%	1.9%	2.1%	2.1%	2.3%	2.3%	2.0%	1.5%	1.5%	NA	*	*	0.5%	0.6%	0.7%	0.8%	0.7%	0.7%	0.6%	0.5%
Grade 7	NA	1.5%	1.8%	1.7%	2.0%	2.3%	2.3%	2.0%	1.6%	1.3%	1.4%	NA	0.5%	0.8%	0.5%	0.7%	0.7%	1.0%	0.7%	0.5%	0.5%	0.5%
Grade 8	NA	1.6%	1.3%	2.0%	2.1%	2.4%	2.5%	1.9%	2.2%	1.5%	1.5%	NA	0.7%	*	0.6%	0.6%	0.8%	0.8%	0.6%	0.8%	0.5%	0.5%
Grade 9	NA	1.4%	1.9%	1.9%	2.0%	2.0%	2.0%	2.5%	1.9%	1.3%	1.3%	NA	*	0.5%	0.6%	0.6%	0.6%	0.7%	0.8%	0.7%	0.5%	0.4%
Grade 10	NA	1.8%	1.9%	1.8%	2.0%	1.9%	2.1%	2.5%	1.8%	1.7%	1.8%	NA	*	*	*	0.5%	0.6%	0.7%	0.7%	0.7%	0.7%	0.8%
Grade 11	NA	1.9%	1.4%	1.7%	2.3%	2.1%	2.7%	2.7%	2.1%	1.5%	1.6%	NA	*	*	*	0.8%	0.8%	0.8%	0.5%	0.7%	0.7%	0.5%
Grade 12	NA	2.2%	1.6%	2.2%	2.3%	2.3%	2.2%	2.4%	2.4%	1.8%	1.7%	NA	*	*	0.5%	0.6%	0.8%	0.7%	0.9%	0.9%	0.8%	0.7%
Ecstasy	NA	4.1%	2.6%	2.5%	5.4%	4.5%	4.5%	8.6%	5.5%	5.2%	5.1%	NA	1.3%	0.6%	0.7%	1.5%	1.4%	1.9%	3.1%	1.8%	1.8%	1.8%
Grade 7	NA	0.9%	1.5%	1.2%	1.7%	1.4%	1.5%	3.6%	1.8%	1.5%	1.4%	NA	0.3%	0.5%	0.5%	0.7%	0.5%	0.6%	1.4%	0.7%	0.5%	0.7%
Grade 8	NA	1.6%	0.8%	1.7%	3.4%	2.8%	2.5%	5.6%	4.1%	3.0%	2.3%	NA	0.7%	0.4%	0.6%	1.2%	1.1%	1.1%	2.1%	1.2%	1.0%	0.9%
Grade 9	NA	3.8%	2.4%	2.3%	5.7%	4.4%	4.7%	9.3%	4.9%	5.1%	4.4%	NA	1.4%	0.6%	0.6%	2.1%	1.6%	2.0%	3.8%	1.6%	1.9%	1.6%
Grade 10	NA	4.4%	2.7%	3.4%	6.7%	5.4%	5.5%	9.2%	6.4%	6.8%	6.6%	NA	1.6%	0.7%	0.9%	1.8%	1.7%	2.3%	3.3%	2.1%	2.4%	2.4%
Grade 11	NA	6.2%	3.7%	3.4%	7.5%	6.4%	7.5%	12.6%	8.3%	7.6%	7.9%	NA	1.6%	0.9%	0.8%	1.6%	2.0%	3.2%	4.6%	3.2%	2.5%	2.5%
Grade 12	NA	9.1%	5.8%	4.0%	9.4%	7.7%	6.7%	12.7%	9.1%	8.9%	9.4%	NA	2.5%	0.6%	1.0%	1.8%	2.0%	3.0%	3.6%	2.8%	2.9%	3.4%
Heroin	1.4%	NA	NA	NA	NA	2.4%	1.6%	1.7%	1.6%	1.5%	1.4%	*	NA	NA	NA	NA	0.7%	0.5%	0.5%	0.5%	0.5%	0.5%
Grade 7	1.4%	NA	NA	NA	NA	2.6%	1.8%	1.7%	1.6%	1.1%	1.3%	*	NA	NA	NA	NA	0.9%	0.7%	0.6%	0.6%	0.5%	0.5%
Grade 8	2.2%	NA	NA	NA	NA	2.8%	1.9%	1.9%	1.9%	1.7%	1.3%	0.7%	NA	NA	NA	NA	0.9%	0.7%	0.5%	0.7%	0.5%	0.4%
Grade 9	0.9%	NA	NA	NA	NA	2.3%	1.6%	1.8%	1.6%	1.8%	1.3%	*	NA	NA	NA	NA	0.6%	0.6%	0.5%	0.6%	0.6%	0.5%
Grade 10	1.1%	NA	NA	NA	NA	2.1%	1.4%	1.2%	1.7%	1.5%	1.5%	*	NA	NA	NA	NA	0.7%	0.4%	0.4%	0.5%	0.6%	0.5%
Grade 11	1.3%	NA	NA	NA	NA	2.3%	1.5%	1.9%	1.4%	1.6%	1.4%	*	NA	NA	NA	NA	0.6%	0.2%	0.5%	0.7%	0.4%	0.5%
Grade 12	1.5%	NA	NA	NA	NA	2.3%	1.5%	1.7%	1.5%	1.4%	1.8%	*	NA	NA	NA	NA	0.6%	0.4%	0.3%	0.2%	0.5%	0.4%
Methamphetamine	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	3.5%	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	0.8%
Grade 7	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	2.3%	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	0.7%
Grade 8	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	2.7%	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	0.6%
Grade 9	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	2.9%	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	0.7%
Grade 10	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	4.6%	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	1.1%
Grade 11	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	3.9%	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	0.8%
Grade 12	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	4.8%	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	1.2%

4. Since 2004, the question wording has been changed slightly to list 'Mushrooms' as an example of hallucinogens.

NA: Not Available; * %: Less than 0.5%